



HYDRATION BLADDER

A SLIDE-SEAL™

Wide-opening for quick filling and completely leak-proof.

B REVERSIBLE

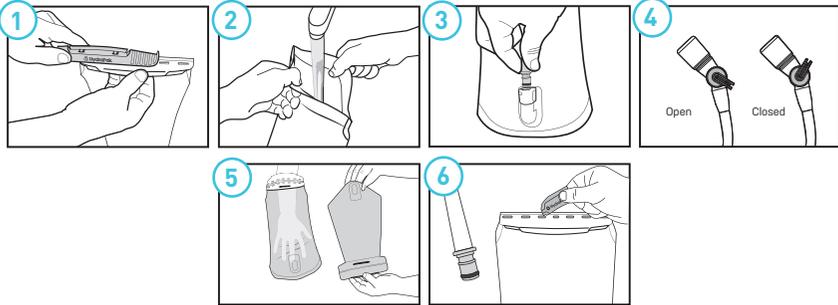
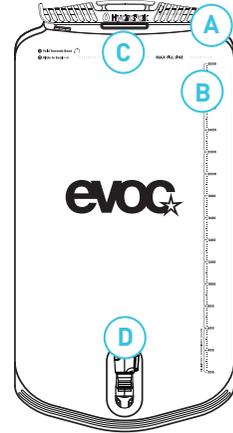
Can be turned inside out for easy cleaning and quick drying.

C FLEXGRIP

Dual FlexGrips make it easy to fill, carry and retrieve from the backpack.

D PLUG-N-PLAY™

Easy disconnection of the hose to facilitate filling bladder outside the backpack.



1 OPENING/CLOSING

To open, pull the SLIDE SEAL off, roll up the opening and pull the FLEX GRIPS apart.

When opening for the first time, the two sides need to be pulled apart firmly to initially open the bladder.

This is due to the production process and does not constitute a defect.

2 FILLING

Ensure that the outlet is sealed with the PLUG-N-PLAY connector.

3 PLUG-N-PLAY™

Press the hose end onto the connector to enable flow (click). In order to remove it, press the lateral button and disconnect the hose.

4 DRINK

Twist the valve into the "open" position. Carefully bite the valve to drink. For safe transport, twist the valve into the "closed" position.

5 CLEANING/STORAGE

Turn the bladder inside out. It is dishwasher-safe. Store in a clean and dry place without exposing it to direct sunlight.

6 MAINTENANCE

Regularly apply food-grade silicon lubricant to the SLIDE SEAL rails and the PLUG-N-PLAY O-ring seal. Wash before first use.